

June**Action**
SKI & SNOWBOARD CLUB

Bow Willow Camping Trip

By John Thomas

Back in April, I hosted the largest group of Action campers ever assembled, 28 people! Maybe it was due to rumors about the delicious cuisine I would be serving, or maybe it was because of the fascinating destination of the hike I had planned to the famed railroad trestle in Carrizo Gorge, or maybe it was just because people enjoy my camping trips. But whatever the reason, it seemed like everyone and their brother showed up this year to go camping with Action in the Anza Borrego desert! (continued on Page 3)

Prez Sez... Page 2

Bike Trip Report... Page 5

2010-2011 BOARD MEMBERS

PRESIDENT

Carmen Jahns 760.525.3795
prez@actionski.org

VICE PRESIDENT

Pam Tait 858.735.7209
viceprez@actionski.org

SECRETARY

Janet Chenier 858.793.7903
secretary@actionski.org

TREASURER

John Thomas 619.543.2197
treasurer@actionski.org

MEMBERSHIP DIRECTOR

Hank Filar 760.749.0263
membership@actionski.org

TRIP COORDINATOR

Ken Hodge 858.232.5949
skitrips@actionski.org

MARKETING DIRECTOR

Anna Marie Sorriso 858.270.9003
marketing@actionski.org

ACTIVITIES CO-DIRECTORS

Jackie Holder 619.985.3861
activities@actionski.org

Jack Holder 619.754.5161
activities2@actionski.org

WEBMASTER

Tom Walters 619.596.0395
webmaster@actionski.org

SAN DIEGO COUNCIL REP

Richard Cole 858.245.8512
sdcrep@actionski.org

PAST PRESIDENT

Tom Sekreta 619.890.7949
pastprez@actionski.org

NEWSLETTER DIRECTOR

Wendell Openshaw 858.354.7656
newsletter@actionski.org

Photo credits: John Thomas

Prez Sez

Hello Actioneers!

I bet you thought you got rid of me when I took on the Presidency of Action! Well sorry, but I have just changed the column heading to Prez Sez. So you will continue to receive Action news and gossip like always!



Carmen Jahns

May has been Action-packed, with my mountain bike ride on the 15th and then our End of Year Party on the 22nd. If you missed either one of these activities, then to paraphrase my Daddy, "you must have been sitting like a bump on a log!" See Page 5 for details on the happenings for the bike ride. We'll have some End of Year Party photos for you in our July newsletter, and also on our website (click on "Gallery".)

Next up is our first outdoor general meeting on Thursday, June 3rd at beautiful Kate Sessions Park in Pacific Beach. See our website for map and directions, and/or see the back cover of this newsletter for directions. Starts at 6:00 PM, so come grab your burgers and drinks for \$3.00, and visit with all your Action friends.

Activities in the coming months include another camping trip with **John** August 6-8, Del Mar Races with **Carmen** later in August, a Padres game with **John** on August 27th, and a happy hour or two in between! Watch for **Anna Marie's** emails for details, or check Action's webpage.

I want to take this opportunity to welcome new board members **Janet Chenier** and **Pam Tait**, as they will be taking on their new positions at our June Board meeting. I want to thank **Suzanne** for her many years of service on the Board, and I especially want to thank **Tom** for his 3 years of service as our President. I have some big shoes to fill, but I have **Tom** to help me through the transition as our Past President. The rest of our board members are continuing for another year.

Talk to you soon,
Carmen

Bow Willow Camping Trip (continued from Page 1)

Tom Walters and I drove out there early and reserved four neighboring campsites with plenty of room for our group to set up their tents. People trickled in all afternoon and by the time everyone showed up Friday night there was a tent city in the Bow Willow campground!



The first morning, knowing that there were a lot of hungry people to cook breakfast for, I got up around 6:00 am and was treated to a beautiful sunrise which I managed to get some pictures of before starting breakfast. It was a good omen for what would turn out to be a fantastic day in the desert. Action's experienced camping chefs **Tom Sullivan** and **Tom Walters** manned the stoves and in short time cooked up a tasty breakfast of bacon, sausage, scrambled eggs, and tortillas for everyone.

After breakfast 17 of us piled into 3 cars and drove out to the Carrizo Gorge Railroad trailhead near Dos Cabezas, about an hour drive from camp. At the same time four extremely adventurous hikers, **Ken Hodge**, **Anna Marie Sorriso**, **Savita Geuther**, and **Doug Anderson**, drove out in another vehicle to a nearby location and decided instead of hiking along the tracks, they would hike over the rugged mountains to the trestle, needless to say an ambitious plan!



It was a beautiful spring day, with the temperature in the 80's, and flowers blooming everywhere. As we hiked through Carrizo Gorge everyone marveled at the natural beauty and remoteness of the deep canyon and the tremendous

effort it took to build this railroad, which was completed just after World War I. The trail along the tracks took us across numerous trestles and through several tunnels and we could see evidence of rock slides from the recent Easter Sunday 7.2 earthquake, centered about 50 miles to the south.

After 5 miles of walking we were surprised to see a train stopped in the last tunnel before the big trestle. It had brought out equipment and workers who were trying to clear a boulder that had fallen close to the tracks. In my four trips out here I had never seen a train in the gorge! Unfortunately with the train there, we had to hike around the tunnel and got a good view of the 180 foot high wooden trestle but couldn't walk out on it. Too bad but that just gives us a reason to go back sometime! (cont'd Page 4)



Bow Willow Camping Trip (continued from Page 3)

Later that afternoon back in camp, the hikers rested their aching feet from the eleven mile hike and enjoyed a festive happy hour highlighted by **Carmen Jahns's** delicious chips and homemade salsa accompanied by beer, wine, and margaritas. This was followed up a few hours later by a filling dinner of flank steak, green beans creole, salad, and dessert.



After dinner, everyone lounged around the campfire and took in the view of the star-studded desert sky. It was a beautiful night and another successful Action camping trip! Thanks to everyone who came out and made it a memorable weekend!

For more great photos, visit www.actionski.org and click on "Gallery"!

NEW JOHN THOMAS CAMPING TRIP

AUGUST 6-8, 2010

WILLIAM HEISE CAMPGROUND NEAR RAMONA

Frisius Drive, Area 2, Sites 41, 42, 43



\$40 (parking not included.) Includes all meals, adult and nonalcoholic beverages, campground fees. Make checks payable to Action Ski Club and mail to: John Thomas, 10414 Strathmore Drive, Santee, CA 92071.

Directions:

From South County: I-8 east 50 miles. Exit Hwy 79, turn left, drive north 23 miles to Julian. Take 78 west toward Ramona. Turn left on Pine Hills Road. Left on Frisius Drive to entrance.

From North County: Take Hwy 78 east thru Escondido, thru Ramona, past Santa Ysabel to Pine Hills Road (a mile west of Julian.) Turn right on Pine Hills Road. Left on Frisius Drive to entrance.

Action Bikes Lake Hodges

Carmen, our new Prez, led 13 intrepid Actioneers on a trail ride around Lake Hodges on Saturday, May 15. Correction--make that **9** on the trail ride: We apparently had a failure to communicate, and **Bucky and Anita Buchwald** showed up with their skinny-tired road bikes (way too wimpy for the rocky trail.) But give **Bucky** credit--he's no wimp, he does 50 miles every weekend, and he rode up to Lake Hodges from his home in Clairemont. Leaving them with **Tom Walters** (an intentional roadie) to tool around the local roads, the mountain bikers set out from the parking area by Hernandez' Hideaway. **Mary Acevedo** came out just to hike,



rounding out the crew to a lucky 13.

The trail follows the shady west end of the lake over to the road out to the boat ramp, then heads out under a blazing sun to the overlook, down into a creek bed on the north, and over to the new pedestrian suspension bridge by Interstate 15.

Doug Anderson quickly established himself as the leader of the pack, closely followed by **Bill Lambert, John Thomas, and Tom Sullivan**. The remainder of the crew, **Gary and Carmen Jahns, Tom Ferguson, Myra Marshall, and Cynthia Ritchie**, took a more leisurely pace. Everyone then made the rendezvous at Hernandez' for a hearty Mexican lunch and, of course, Margaritas and cervezas.

-Gary Jahns



NORTH COUNTY HAPPY HOUR
COYOTE BAR & GRILL

300 Carlsbad Village Drive
Carlsbad, CA 92008

Wednesday, June 23rd- fun starts at 5PM!

Tasty snacks and drinks!

Cozy fire rings, live music and dancing!

Any questions?

Call Shannon Miller 760-722-2734

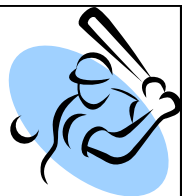
Padres vs. Houston
Saturday July 3, 2010
5:35 PM

\$19/ticket (location Plaza 131)

2:30-4:30 tailgate— J2 at Qualcomm Stadium
Park at the Q (free), take the trolley to Petco!

Send check to Carl Cobb, 3644 Zola St.,
San Diego CA 92106, enclose SASE.

(a San Diego Ski Council-sponsored event)





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Action Ski & Snowboard Club Membership Application 2010-2011

Membership is open to the general public, adults only, 21 years or older. Annual dues for the period June 1 to May 31 are \$35 per person or \$65 for married couples. Make check payable to: ACTION SKI & SNOWBOARD CLUB. Mail or give form and check to *Hank Filar, Membership Director, P.O. Box 2601, Valley Center, CA 92082.*

New Member _____ Renewal _____ Check # _____ Cash _____

Preferred Newsletter Delivery (Only Choose One): _____ By Email or _____ By US Mail

Name: _____ Street: _____

City: _____ State: _____ Zip: _____

Home: _____ Work: _____ Cell: _____

Email: _____ Occupation: _____ Birthday: Month _____ Day: _____

Please check the activities you are interested in:

Skiing Snowboarding Racing Bicycling Camping Golf Kayaking Skating Hiking Rafting Volleyball

How did you find us? _____

RELEASE AND WAIVER OF LIABILITY- In consideration of being accepted as a member of the ACTION SKI AND SNOWBOARD CLUB (AS&SC), the undersigned, for himself or herself and personal representatives, assigns, heirs, next of kin, or either of them, **HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE AS&SC/FAR WEST SKI ASSOCIATION (FWSA)**, its officers, trip leaders, and members, for all liability to the undersigned, his or her personal representative, assigns, heirs, next of kin, or either of them for all loss or damages, and any claim or demands therefore an account otherwise while the undersigned is participating in the AS&SC/FWSA activities. The undersigned expressly agrees that foregoing **RELEASE AND WAIVER OF LIABILITY** is intended to be as broad and inclusive as is permitted by the laws of the State of California and if any portions is held to be invalid, the balance shall, notwithstanding, continue in full force and effect. **ASSUMPTION OF RISK**—the undersigned hereby warrants that he or she is fully aware of the risks and hazards inherent in participating in all activities and any events related thereto, including, but not limited to, the sport of alpine skiing or snowboarding and hereby elects voluntarily to participate. The undersigned hereby voluntarily **ASSUMES ALL RISK OF LOSS, DAMAGE, OR INJURY** that may be sustained by him or her, and to any damage to property of the undersigned while participating in the above activities. **THE AS&SC/FWSA** is a nonprofit volunteer organization, run entirely by volunteers, operated by and for the benefit of its members. I am aware that **AS&SC/FWSA** carries no insurance nor maintains a reserve for liability. I agree to and shall hold harmless **THE AS&SC/FWSA**, its officers, directors, and any other person appointed by **THE AS&SC/FWSA** from and against any and all claims, losses, damages, demands, attorneys' fees for injury to or death of any person, or for damages to any property. I understand that the **AS&SC/FWSA** acts only as coordinator and accepts no responsibility for the services of any person, travel agency, ski area, resort, airline, motor coach, hotel, or any organization whatsoever rendering any of the services or accommodations being offered on this or any trip or activity. Trip and activity fees are based on current tariffs and exchange rates that are subject to change without notice. **THE AS&SC/FWSA** accepts no responsibility, in who or in part, for any delays, delayed departure or arrivals, missed or failure of any nature, however caused, or from any substitutions or for any additional expenses occasioned thereby. I hereby grant permission for the **AS&SC/FWSA** to seek medical attention should the need arise and parent/next of kin cannot be reached by telephone. The undersigned has read and voluntarily signs this **RELEASE AND WAIVER OF LIABILITY AND ASSUMPTION OF RISK**.

CODE OF CONDUCT - ACTION SKI AND SNOWBOARD CLUB (AS&SC) members shall maintain **HIGH STANDARDS OF MORAL AND ETHICAL CONDUCT**, which includes but not limited to self-control and responsible behavior, consideration for the physical and emotional well-being of others, courtesy, and good manners. It's important for **AS&SC** members to follow a **CODE OF CONDUCT** with all members and non-members because they are representing not only themselves, but also **AS&SC**. Therefore, I recognize and understand that any infraction of the **CODE OF CONDUCT** as stated in the **AS&SC** bylaws may cause up to expulsion from **AS&SC** and I shall hold harmless the **AS&SC**, its officers, directors, and any other person appointed by the **AS&SC** from and against for any and all claims, losses, damages, demands, attorneys' fees for personal injury or harassment.

Dated this _____ day of _____ 2010 at San Diego, California

Signature: _____

Action General Meeting

FIRST SUMMER MEETING OF THE YEAR!

Thursday, June 3, 2009
 Kate Sessions Park
 5115 Soledad Road, San Diego 92109

BURGER AND A BEER/SODA FOR THREE BUCKS!

Directions: From the 5 Freeway, take Garnet Avenue west for 1/2 mile, turn right (north) onto Lamont, go up the hill.



JUNE BIRTHDAYS

Jim Dickinson	1st	Victor Gurule	23rd
Nicolette Laverty	10th	Daniel Ituarte	27th
Andy Edwards	11th	Joan Coppenrath	27th
Barbara Czescik	12th	David Babick	28th
Mike Saeva	14th	Frank Cicero	29th
Jackie Holder	16th	Lori Kilmer	29th
Jennifer Reynolds	19th	Pat Walker	29th
Jack Holder	21st	Pete Ancelz	29th
Sue Lambert	22nd		

Best wishes to
 Mr. and Mrs.
 Jack and Jackie
 Holder!



Save the Date!
 Action Padres Game Sat 8/27!

See you at Action's
 MONTHLY GENERAL MEETING
 6PM, Thursday, June 3rd
 at Kate Sessions Park



www.actionski.org

P.O. Box 2601
 Valley Center, CA 92082

SKI & SNOWBOARD CLUB
Action

